

Annual Report For District De-Addiction Centre, Banka **Year:- 2023-2024**

Funded By:-

Ministry of Social Justice & Empowerment, Government of India

Organised By:-

Srishti International, Road no-4, Adarsh Colony, Nayachak - Jaganpura Road, Laxmi Nagar(E), Patna, PIN :- 800030

Located at:-

District De-Addiction Centre, 292, 1st Plot, Babu Tola, Banka, Bihar, PIN:-813102

Phone:-8709061459



Report for the period from November 2023 to March 2024

- *Information about the centre:-*

1. *Name:- District De-Addiction Centre, Banka*
2. *Address:- 292, 1A Plot, Babutola, Banka, Bihar, 813102*
3. *Contact No:- 9431457181*
4. *Our Centre offers the following services*
 - A. Motivational counselling
 - B. Indoor De-Addiction unit(fifteen bedded in patient centre)
 - C. Daily O.P.D
 - D. Extensive Counselling through all individual, group, family and follow up counselling.
 - E. Medical checkup, treatments and psychological service
 - F. Re-educative, Re-recreational session and therapy
 - G. Follow up of discharged patients by telephone, interaction at centre and home visit
 - H. Social, Occupational and Vocational Rehabilitation
 - I. Cognitive rehabilitation- Prayer, Meditation and Yoga-therapy
 - J. Referral Services
 - K. Drop in centre services
 - L. Outreach services at specified Hot-spot by Community mobilization, one to one interaction and referral.
 - M. Community Based Peer lead Intervention services for adolescents aged between 11

Office Hours :- 9:30 AM to 5:30 PM
(Indoor facility remain open 24×7)

PROGRESS OF THE CENTRE AT A GLANCE

1) REGISTRATION:

A. Number of clients registered at the Centre :

<i>For OPD</i>	<i>1511</i>
<i>For Indoor Treatment</i>	<i>65</i>
<i>TOTAL</i>	<i>1576</i>

B. Average age of clients registered at the Center :

22

C. No. of female clients registered at the Center :

165

2.DETAILS OF DRUGS ABUSED:

Drug category	No. of Clients
Opium	9
Heroin	-
Morphine	-
Buprenorphine	-
Propoxyphene	-
Brown Sugar	7
Other opiates	-
Cocaine	-
Alcohol	1232
Cannabis	223
Hallucinogens	-
Amphetamines	-
Barbiturates	-
Minor Tranquilizers	-
Sedatives/Hypnotics	-
Multiple Drugs(if not in above categories)	-
Volatile Solvents(Inhalants)	17
Others(Please specify)	980(Tobacco chewing, Smoking etc)
TOTAL	2468

3. METHOD OF DRUG TAKING :

ORAL	SNIFFING	INJECTING(IDU)	ANY OTHER
2433	33	2	NIL

4. SOURCE OF REFERRAL :

Self	Friends	Family	Social Worker	Private Doctor Hospital	Govt. Hospital	Counselling & awareness center/De-addiction centres(NGOs)	Ex-clients or their family members	Law Enforcement agencies	Any Other
400	20	101	1010	5	5	Nil	15	20	Nil

5.MARTIAL STATUS:

Never Married	Married	Widow/widower	Divorced	Separated	Separated/ divorced due to drug use	Not known
252	1320	Nil	Nil	4	4	Nil

6. EDUCATION:

Illiterate	Literate (read & write)	Primary Education	Middle	Hr. Sec Equiv.	Graduate	Post Graduate	Prof. trained	Not known
843	359	236	75	43	20	NIL	NIL	NIL

7.EMPLOYMENT STATUS

Currently Unemployed	Never Employed	Part-time Employed	Full-time Employed	Self Employed	Student	House wife	Pensioner etc	Not Known
791	159	154	6	203	143	120	-	-

SERVICES

8. TREATMENT:

OPD	Indoor	Total
1511	65	1576

9. DETAILS OF STAY (INDOOR):

1-10 days	11-20 days	21-30 days	31-40 days	41-50 days	51-60 days	More than 60 days	Total
5	4	47	17	1	-	-	65

10. DROPOUTS:

Poverty	Lack of family Support	Unable to cope with the treatment	Inadequate Facilities	Personal/any other reasons	Legal	Total
Nil	2	Nil	Nil	2	Nil	4

11. COUNSELING:

A.GROUP COUNSELING :

No. of clients	Average time/session	Total No. of sessions held
175	45 to 60 MIN	113

B. INDIVIDUAL COUNSELING :

No of clients	Average time/ session	No. of session held
1576	40 to 45 MIN	1980

C.FAMILY COUNSELING :

No. of families	Average time/ session	No. of sessions held
110	40 to 45 MIN	251

12. CLIENTS REQUIRING ADDITIONAL TREATMENT:

T.B.	HIV/AIDS	Sexually transmitted diseases	Hepatitis A or Hepatitis B	Abscess	Any other infection
1	N/A	N/A	N/A	2	2

13. RECOVERY :

Sober	Relapsed	Dropped Out	No News	Expired
58	NIL	4	3	NIL

DETAILS OF FOLLOW-UP PROGRAMMES TAKEN UP BY THE CENTRE

14. *Total number of letters sent/telephone calls made to ex-clients:*

	Twice in a month	Once in a month	Quarterly	Total During the half year
Letters/phone calls to ex-clients	4005	1002	NIL	5007

15. *HOME VISITS*(By counselors to homes of ex-clients) :

No. of ex-clients visited	Total No. of visits undertaken
N\A	N\A

16. REHABILITATION PROGRAMMES GIVEN/REFERRED BY THE CENTRE

Programmes	No. of clients
Outreach programmes, camps etc	35
Self help groups	NIL
Halfway Homes	NIL
Drop in centers	435
Family assistance programme	2
Vocational training services	NIL
Educational support	5
Work place support	NIL
Any other services	NIL

17. TRAINING PROGRAMMES:

Name of the staff who attended training	Duration with dates	Organized by RRTC/NISD/ Any Other	Name of the course
GAURAV KUMAR	17-01-2024 TO 19-01-2024	NISD DELHI	PROJECT COORDINATOR
AMRESH KUMAR SINGH	20-12-2023 TO 22-12-2023	NISD DELHI	COUNSELLOR
RASHMI KUMARI	12-12-2023 TO 16-12-2023	SLCA PATNA	COUNSELLOR
RAJESH KUMAR SINGH	17-01-2024 TO 19-01-2024	NISD DELHI	ACCOUNTANT
RAJESH KUMAR SINGH	22-12-2023 TO 23-12-2023	SLCA PATNA	ACCOUNTANT
SNEHA SWATI	28-12-2023 TO 30-12-2023	SLCA PATNA	TRAINER CUM SUPERVISOR
SIMPI KUMARI	23-12-2023 TO 25-12-2023	SLCA PATNA	NURSE
PRIYANKA KUMARI	23-12-2023 TO 25-12-2023	SLCA PATNA	NURSE
ABHIMANU SAHU	12-12-2023 TO 16-12-2023	SLCA PATNA	TRAINER CUM SUPERVISOR
ABHIMANU SAHU	20-12-2023 TO 22-12-2023	NISD DELHI	TRAINER CUM SUPERVISOR
RAJANI KUMARI	22-12-2023 TO 23-12-2023	SLCA PATNA	ACCOUNTANT
SHASHANK GHOSH	28-12-2023 TO 30-12-2023	SLCA PATNA	PROJECT COORDINATOR
SHASHANK GHOSH	12-12-2023 TO 16-12-2023	SLCA PATNA	PROJECT COORDINATOR
AMRITA KUMARI	12-12-2023 TO 16-12-2023	SLCA PATNA	TRAINER CUM SUPERVISOR

(b) Total no of staff trained

11

Data regarding CPLI

18. Details of Peer Educator and their Activities :

No. of Peer Educator Selected	No. of Peer Educator attended Capacity Building Program	No. of Peer Volunteers Identified by Peer Educator	Life Skill Training Session by Peer Educator
31	31	200+200	1600

19. Number of peer volunteers provided the following counselling services :

No. of Individual Counselling	No. of Family Counselling	No. of Group Counselling
138	50	23

20. Number of peer volunteers referred for the following services:

No. of Peer Volunteers referred for medical check up	No. of Peer Volunteers referred to IRCA to seek Treatment
NIL	NIL

Data regarding ODIC

21. *Number of clients who provided the following counselling services:*

No. of Individual Counselling	No. of family Counselling	No. of Group Counselling
1576	110	91

22. *Number of Awareness Conducted and no of participants for the following services:*

No. of Awareness program conducted	No. of participant in Program
80	3500

A. Activities for awareness building and motivation(One Day Campus)

S . No	Date	Topics	Target group	No. of participants	Location
01	23-11-2023	Ill effect of addiction	Addict person and General people	60	Champathan, Makduma, Banka
02	25-11-2023	Addiction problem	General people	125	Kaithatikar, Banka
03	28-11-2023	Addiction is the great cause of our society	General people & ASHA workers	80	Sadar Hospital, Banka, Bihar
04	05-12-2023	Avoid family conflict due to addiction	Ex-addicts and General people	45	Bhawandev Kola, Samukhia, Banka
05	28-12-2023	No Drugs No Problem	General people	100	Amarpur, Banka
06	07-01-2024	Ill effects of Addiction	Addicts and General people	120	Mahisadih, Banka
07	17-01-2024	Addiction problem	General people and students	110	At DDAC, Babutola, Banka
08	07-02-2024	Love life & Hate Drugs	Local people and Addicts	105	Darabari,Samukhiya more, Banka, Bihar
09	03-03-2024	Ill effects of Addiction and its solution	General people and students	70	Parsbana, Samukhia, Banka
10	27-03-2024	No Drugs No problem	General People	150	Dudhari, Rampur, Banka, Bihar

(B) Leaflet/Pamphlet distribution:-

We have distributed approx. 10,000 leaflets at different location including local trains running between Bhagalpur and Jasidh, at an all hot-spots, in schools and various crowded places like local fair, bazar, Railway station etc.

(C) Banner

10

(D) Posters

5000

(E) Stickers

4000

(F) Folders

100

(G) Hoarding/Flex

300

Daily Routine of IPD at DDAC, Banka

Wake up time : 6 AM

Readiness for day : Till 6:30 AM

Prayer, Yoga, Spiritual & Physical Exercise : 6:30 AM to 8 AM

Breakfast & Tea : 8 AM to 8:30 AM

Medicine Administration : 8:30 AM to 9 AM

Check up for vital signs : 9 AM to 10 AM

Re-educative Session : 10 AM to 12 PM

Bathing and cleanliness session : 12 PM to 1 PM

Lunch Break : 1 PM to 1:45 PM

Leisure time : 1:45 PM to 2:30 PM

Individual Counselling : 2:30 PM to 3:30 PM

Re- educative session : 3:30 PM to 4:30 PM

Group Counselling : 4:30 PM to 5:30 PM

Evening snacks & tea : 5:30 PM to 6:30 PM

Experience sharing and praising session(By both coordinators) : 6:30 PM to 7:30 PM

Bed preparation & ward maintenance : 7:30 PM to 8 PM

Dinner Break : 8 PM to 9PM

Television watching and Medicine Administration : 9 PM to 9:50 PM

Prayer : 9:50 PM to 10 PM

Bed Time : 10 PM to 6 AM



